

Nelly Amariglio, Ph.D., HSPP

LICENSURE

- 07/2020-present New York State Psychology License, #023806
- 07/2019-present North Carolina State Psychology License & certified Health Services Provider, #5567
- 10/2015-present California State Psychology License, #PSY 27733

EDUCATION

- 2008-2013 **Doctor of Philosophy in Clinical Psychology**
Palo Alto University (Pacific Graduate School of Psychology), *APA Accredited*, Palo Alto, CA
- 10/2011 **Masters of Science in Clinical Psychology; Child and Family Emphasis**
Palo Alto University (Pacific Graduate School of Psychology), *APA Accredited*, Palo Alto, CA
- 2002-2005 **Bachelor of Arts in Psychology, Minor in Philosophy**
Bar Ilan University, Ramat Gan, Israel

CERTIFICATIONS

- 10/2011 **Professional Program in Neuropsychological Assessment**
University of California Berkeley, UC Berkeley Extension

LANGUAGES

English, Hebrew: Fluent in speaking, comprehension, and writing
Greek: Proficient speaking and comprehension

CLINICAL EXPERIENCE

2/2020-present **Licensed clinical psychologist, Co-Director**, *Triangle Psychology Center, Durham, NC*

- Provided time limited and long term individual, couples and family therapy, as well as consultation services to pediatric, adolescent and adult population. Areas of focus include: depressed and anxious mood, adjustment to life events and life transitions, parenting, perinatal and reproductive mental health, and coping with acute and chronic medical conditions.
- Conducted comprehensive psychoeducational, neurocognitive, and psychosocial assessments, utilizing a therapeutic assessment approach.
- Provided consultation to medical teams, schools, and agencies.
- Conducted immigration evaluations for asylum seekers.

9/2016-12/2018 **Pediatric psychologist**, *University of Southern California, University Center for Excellence Developmental Disabilities, Children's Hospital Los Angeles (CHLA); Los Angeles, CA*

- Provided interdisciplinary assessments, consultation, and individual, family, and group feeding therapy to youth with complex medical and psychosocial conditions who present with feeding difficulties.
- Provided consultation to medical teams, schools, and agencies, regarding the needs and rights of youth with chronic medical conditions and developmental disabilities.
- Conducted comprehensive neurocognitive and neurodevelopmental assessments to youth with complex medical and psychosocial conditions.
- Provided an adaptation of the evidence based Seeking Safety curriculum via group therapy to teens with Type I diabetes. Conducted translational research with the CHLA endocrinology department.
- Provided various training activities and teaching, supervision of pre and post doctoral trainees.

9/2013-
9/2016

Pediatric Psychology Postdoctoral Fellow [APA Accredited], *University of Southern California, University Center for Excellence Developmental Disabilities, Children's Hospital Los Angeles (CHLA); Los Angeles, CA*

- Provided inpatient and outpatient short-term and long-term individual and family therapy to children, adolescents and young adults with medical concerns (chronic pain, cancer, kidney, diabetes, lupus, and lung diseases), and comorbid mental health diagnoses.
- Provided consultation to medical teams, worked within a multidisciplinary capacity (pain clinic, inpatient and outpatient rehab, endocrinology, and more). Provided school consultation and advocacy.
- Provided thorough biopsychosocial evaluations, medical family therapy, individual therapy, as well as consultation to the medical teams in the acute pain rehabilitation program. (Medical conditions included but not limited to Erythromelalgia, CRPS, CFS).
- Provided an adaptation of the evidence based Seeking Safety curriculum via group therapy for teens with Type I diabetes.
- Conducted comprehensive neurocognitive, psychoeducational, and psychodiagnostic assessments to children, adolescents, and young adults with neurodevelopmental, medical, and emotional concerns. Conducted clinical interviews, provided feedback and consultation to medical providers and schools.
- Received formal training on the ADOS-2, Bayley-III. Assessments included WISC-V, UNIT, WIAT-III, NEPSY-II, D-KEFS, CVLT-C, VMI-2, Roberts-2, MACI, MAPI, CPT-III.
- Participated in weekly pediatric seminars, Oncology, Pain, Rehab, and Neurology grand rounds, and other medically-related seminars.
- Completed the Leadership in Education of Neurodevelopmental Disabilities (LEND) interdisciplinary leadership seminar.
- Supervised pre-doctoral intern trainees and provided on-site risk supervision and consultation.

Supervisors: Jeffrey Gold, PhD.; Stephanie Marcy, PhD.

7/2012-
7/2013

Pediatric Psychology Pre-doctoral Intern [APA Accredited], *University of Southern California, University Center for Excellence Developmental Disabilities, Children's Hospital Los Angeles (CHLA); Los Angeles, CA*

Pediatric Psychology placement:

- Provided inpatient and outpatient individual and family psychotherapy to children, adolescents, and young adults with medical concerns (chronic pain, cancer, kidney lung diseases). Provided school presentations, school advocacy, and consultation to a multi-disciplinary team of providers. Attended Oncology and Neurology grand rounds and other medically related seminars.

Child and Family Assessment Clinic placement:

- Conducted psychodiagnostic, psychoeducational, and neurocognitive assessments for early identification of disorders and disabilities in children. Conducted clinical interviews and assessment feedback, consultation with providers, and case presentations. Assessments included: WISC-IV, UNIT, WIAT-III, NEPSY-II, D-KEFS, CVLT-C, VMI, Roberts-2.

Child and Family Therapy placement:

- Provided individual and family psychotherapy to children and adolescents with emotional, behavioral, cognitive and/or neurodevelopmental problems. Co-facilitated the Incredible Years group for school-aged children with an emphasis on social skills development and behavioral concerns.
- Conducted psychodiagnostic intakes and participated in weekly intake clinic group supervision. Completed certifications in Evidence-Based Practices (Trauma Focused Cognitive Behavioral Therapy, Incredible Years Group Therapy) for implementation with clients.
- Attended weekly mental health didactic seminars and biweekly pediatric psychology seminars.
- Participated in the Leadership Education in Neurodevelopmental Disabilities (LEND) program, weekly interdisciplinary didactics and multidisciplinary small group discussions on neurodevelopmental disabilities.

Supervisors: Melissa Carson, Psy.D.; Micah Orliss, PhD; Stephanie Marcy, Ph.D.

09/2011 –
06/2012

Psychological Practicum Trainee

The Aging and Memory Research Center (AMRC); UCLA Medical School and Semel Institute; Los Angeles, CA

- Conducted neuropsychological assessments for individuals with mild cognitive impairment (MCI), dementia (Alzheimer's disease, fronto-temporal dementia, vascular dementia), mild TBI's, psychiatric, neurodegenerative or neurological disorders.
- Participated in cognitive rehabilitation program for seniors with memory problems.
- Participated in weekly psychiatry ground rounds, weekly didactic training and group case presentations.
- Assessments included: Buschke, BVMT-R, CPT-II, Rey-Osterrieth Complex Figure Test (ROCF).

Supervisor: Karen Miller, Ph.D., Longevity Center Faculty and Director of Neuropsychological Training

09/2011 – **Psychological Practicum Trainee**06/2012 *The Simms/Mann-UCLA Center for Integrative Oncology; Los Angeles, CA*

- Provided brief and long term individual, family, group, and couples therapy to adult and young adults with cancer. Conducted and presented structured psychosocial assessments in multiple clinical settings, conducted intake assessments, crisis intervention, outreach, consultation-liaison with a multi-disciplinary team of providers.

Supervisor: Kauser Ahmed, Ph.D., Staff Psychologist and Director of Training

08/2010 – **Psychological Practicum Trainee**07/2011 *Community Health Awareness Council (CHAC); Mountain View, CA*

- Provided long-term individual, couples, family, and group therapy services to teens, families, and adults in a community-based mental health clinic with anxiety disorders, mood disorders, relational problems, trauma related problems, parenting issues, and personality disorders.
- Conducted treatment planning and implementation, co-therapy, parenting classes, administration and scoring of psychological assessments, crisis intervention, and risk management.

Supervisor: Stewart Kiritz, Ph.D., Chief Psychologist and Director of Training

08/2010 – **School Counselor**06/2011 *Bullis Charter School (BSC); Los Altos, CA*

- Provided individual, family and group therapy to children with social, emotional, behavioral, and learning difficulties in a local elementary and middle school setting.
- Organized and led a short-term therapy group on conflict resolution, addictions, impulse control problems and depression with 7th graders.
- Developed curriculum and facilitated a support group for children (grades 4-6) with divorced parents.
- Organized and led SST and IEP meetings, provided weekly consultation to the school nurse, parents and teachers.
- Conducted assessments, intakes, crisis intervention, coordinated treatment planning and implementation with teachers, the principal, and the school psychologist.

Supervisor: Stewart Kiritz, Ph.D., Chief Psychologist and Director of Training

09/2009 – **Psychological Practicum Trainee**06/2010 *Kurt and Barbara Gronowski Psychology Clinic, Pacific Graduate School of Psychology; Los Altos, CA*

- Provided individual, couples and family psychotherapy to children, young adults, and adults with mood disorders, anxiety disorders, relational problems and personality disorders in a community based outpatient clinic.
- Conducted intake assessments, treatment planning and implementation, administered and scored psychological assessments, crisis intervention, and performed risk consultations with on-site clinical psychologists.

Supervisor: Sandra Macias, Ph.D., Assistant Professor, Assistant Clinic Director

09/2007 – Cognitive Behavioral Therapy Coach*07/2008 Israeli Center of Treatment of Obsessive-Compulsive Related Disorders; Jerusalem, Israel*

- Provided individual child, young adult and adult psychotherapy to clients with obsessive-compulsive related disorders, trichotillomania, body dysmorphic disorder, hoarding, panic disorder and obsessive compulsive personality disorder. Implemented Cognitive Behavioral Therapy, Exposure and Response Prevention and Guided Prayer (a form of ERP for religious obsessions).
- Conducted intake assessments, treatment planning, administered and scored psychological evaluations and attended weekly staff meetings.

Supervisor: Oded Ben-Arush, Psy.D., Chief Psychologist and Director of Training**01/2004 – Guidance Counselor, Special Education***04/2008 The Pediatric Psychosomatic Department**The Edmond & Lily Safra Children's Hospital; Ramat Gan, Israel*

- Provided services to an inpatient population and their families for youth with emotional, behavioral and psychiatric problems in preparation for school reintegration after extensive hospitalization. Taught and prepared students for high school completion tests. Provided school advocacy and collaborated with various educational systems. Performed intake sessions, presented cases, provided consultations to staff members, and maintained ongoing communication with schools.
- Created and facilitated a stimulating environment to enhance patient motivation to invest in their education despite hospitalization. Participated in weekly staff meetings.

Supervisor: Etti Kidron, M.A., Special Education**01/2004 – Instructor***01/2007 The Pediatric Psychosomatic Department**The Edmond & Lily Safra Children's Hospital; Ramat Gan, Israel*

- Provided psychiatric services to an inpatient youth population with emotional, behavioral, and psychiatric problems. Implemented the unit's behavioral therapeutic program in multiple hospital locations (kitchen, classroom, and throughout client daily schedules).
- Facilitated compliance to client's weekly nutritional and treatment plan, provided emotional support, taught communication skills, and co-facilitated a parent support group, co-facilitated an adolescent therapy group with the registered dietician, and community support group. Attended weekly intakes and biweekly staff meetings.

Supervisor: Daniel Stein, M.D., Ph.D., Director of the Pediatric Psychosomatic Department**WORK EXPERIENCE****09/2005 – Rehabilitation Coach***07/2006 Pilates Studio, Tel Aviv, Israel*

- Specialized in rehabilitation and coaching of individuals with neuromuscular injuries and neurodegenerative conditions, such as back injuries and multiple sclerosis.
- Duties included treatment planning and coordinating care with medical

providers.

11/1998 – **Combat Fitness Instructor and Supervisor, Sergeant**
08/2000 *Israeli Defense Force, Israel*

- Leadership developer and supervisor of trainees and officers.
- Developed and directed leadership, professional, and combat fitness workshops, lectures, fitness programs and an obstacle course training for a variety of elite army units. Topics included stress injuries, sleep deprivation, anatomy and physiology, motivation enhancement.

VOLUNTEER WORK

09/2004 – **Psychology Field Placement**

07/2005 *Bar Ilan University, Ramat Gan, Israel*

- Facilitated weekly individual sessions for a soldier with frontal lobe injury by implementing skill training and utilization of various communication methods and social engagement. Planned sessions and coordinated care with his rehabilitation specialist and neurologist, conducted case presentations in an academic medical setting.

Supervisor: Noa Velichansky, PhD., Professor

09/1996 – **Israeli Scouts Association**

07/1998 *Ramat Gan, Israel*

- Head scout and scout leader to 40 scouts and scout leaders ages 10-16.
- Developed, implemented, and supervised weekly curriculum, workshops, field trips, and overnight camp.
- Provided supervisory support to scout leaders, including leadership skills, time management, and creativity.

TEACHING EXPERIENCE

1/2010- **Teacher's Assistant**

4/2010 *Clinical Interviewing Class; Palo Alto University (Pacific Graduate School of Psychology); Palo Alto, CA*

- Led, planned, and conducted a lab for 8 first-year Ph.D. students in a community based outpatient clinic.
- Assisted students in achieving core clinical interviewing competencies (listening and inquiry skills, substance abuse and risk assessment, treatment planning, report writing, culture and personal biases sensitivity).
- Developed weekly agendas and facilitated weekly group sessions. Provided supervisory support to students, including ongoing feedback on performance through written work, video, and role playing.

Supervisor: Sandra Macias, Ph.D., Assistant Professor, Assistant Clinic Director

RESEARCH POSITIONS

05/2009 – **Bereavement Research Assistant**

06/2013 *Palo Alto University (Pacific Graduate School of Psychology); Palo Alto, CA*

- Investigated the relationship between attachment and caregiving systems through bereavement and continuing bonds for deceased fathers of Cambodian youth.
- Examined cultural differences in bereavement.
- Conducted research and literature reviews, analyzed and presented data in bi-monthly group meetings.

Supervisor: Nigel Field, Ph.D, Associate Professor

11/2004 – **Group Research Project, Attachment and Exploration**
07/2005 *Bar Ilan University; Ramat Gan, Israel*

- Investigated the relationship between two motivational systems (attachment and exploration), and how they operate in relation to one another.
- Reviewed literature, wrote article critiques, recruited participants, collected data, created PowerPoint presentations, wrote and edited the research proposal, individual and final discussion papers, including group final discussion paper.

Supervisors: Mario Mikulincer, Ph.D., Professor, Naama Bar-On, M.A., Lab Supervisor

PUBLICATIONS

Harada, M., **Amariglio, N.**, Wills, H., & Koolwijk, I. (2019). Feeding Issues in Young Children. *Advances in Pediatrics*, 66, 123–145. <https://doi.org/10.1016/j.yapd.2019.03.004>

Amariglio, N. (2013). *Thematic Analysis Among Survivors of Childhood Sexual Abuse*. Dissertation Abstracts International, DAI-B 74/12(E).

PRESENTATIONS

- 04/2017 “Culturally sensitive interdisciplinary assessment for youth with complex medical and psychosocial conditions. Presented to the APA accredited internship class at Children’s Hospital Los Angeles; Los Angeles, CA
- 05/2016 “Application of Medical Family Therapy in an acute pain rehabilitation program.” Presented to the APA accredited Pediatric psychology fellows at Children’s Hospital Los Angeles; Los Angeles, CA
- 04/2016 “Acute Pain Rehabilitation program for a young adult with severe Erythromelalgia.” Presented to the APA accredited Pediatric psychology fellows at Children’s Hospital Los Angeles; Los Angeles, CA
- 06/2014 “The role of neurocognitive and psychodiagnostic testing for teens with SLE.” Presented to the APA accredited Pediatric psychology fellows at Children’s Hospital Los Angeles; Los Angeles, CA
- 06/2014 “IEP and 504 plans.” Workshop at the annual DBP conference at Children’s Hospital Los Angeles; Los Angeles, CA
- 04/2014 “The boy who just wanted to smile. A case of a child with a medical diagnosis of mobius and poland syndrome.” Presented to the APA accredited psychology fellowship class at Children’s Hospital Los Angeles; Los Angeles, CA
- 05/2013 “Neuropsychological testing for teens and young adults.” Presented to the APA accredited psychology internship class at Children’s Hospital Los Angeles; Los Angeles, CA
- 11/2012 “An attachment lens to understanding the long term effects and diagnostic considerations of childhood sexual abuse.” Presented to the APA accredited psychology internship class at the Children’s Hospital Los Angeles; Los Angeles, CA
- 05/2012 “Emotionally Focused Couples Therapy for medical patients.” Presented to the staff at the Simms/Mann Center for Integrative Oncology, University of California, Los Angeles; Los Angeles, CA

05/2012 "Mild cognitive impairment and Alzheimer's Disease: Detection, diagnosis and treatment considerations." Presented to the neuropsychology externship class, University of California, Los Angeles; Los Angeles, CA

POSTER PRESENTATIONS

Amariglio, N., Meyer, R. M. L., & Gold, J. I. (November, 2014). Does Pain Associated with Medical Trauma have a Role in PTSD According to the DSM-V Criteria? Presented at the International Society for Traumatic Stress Studies Annual Meeting in Miami Florida, USA

Meyer R.M.L, **Amariglio, N.** & Gold J.I. (November, 2014) The Moderating Role of Pain in the Development of PTSD in Adult Patients with Medical Trauma. Presented at the International Society for Traumatic Stress Studies Annual Meeting in Miami Florida, USA.

Meyer, R. M. L., **Amariglio, N.**, & Gold, J. I. (August, 2014). Psychometric Properties of the PTSD Checklist Civilian Version in a Sample of Patients with Cancer. Presented at the American Psychological Association Annual Convention, Washington, D.C.

Amariglio, N., Meyer, R. M. L., & Gold, J. I. (May, 2014). The predictive role of pain in PTSD symptoms. Presented at the Canadian Pain Society Annual Scientific Meeting, Quebec City, Quebec.

Amariglio, N. (April, 2009). *Multiple Therapy Approaches to PTSD for Veterans and their Spouses.* Poster presented at the Pacific Graduate School of Psychology Research Forum, Palo Alto University (Pacific Graduate School of Psychology), Redwood City, CA.

AWARDS

08/2016 **Clinical Excellence Award (Children's Hospital Los Angeles)**

12/2013 **PICH (Pain in Child Health)**

Comprehensive interdisciplinary research and training experience in the field of pediatric pain, encompassing topics such as the biological basis of pain, development of pain systems, cognitive, affective, social, and cultural influences. Training included webinars, presentation at a pain conference, and a workshop at the PICH institute.

EVIDENCE-BASED TRAINING/CERTIFICATIONS

Acceptance and Commitment Therapy: 2 day intensive ACT training (2020, August). Live webinar

Therapeutic Assessment with Children and Adolescents (2020, June). Minnesota Center for Collaborative / Therapeutic. Webinar training.

American Society for Reproductive Medicine Mental Health Professional Certificate Courses, Parts 1 and 2 (Basic Infertility; Treatment Interventions) (2020, May – present). Webinar training.

Asylum Evaluation Training (2020, March). Columbia University Asylum Clinic/Human Rights Initiative and Physicians for Human Rights. Webinar training.

Maternal Mental Health Certificate Training (2019, February-June) 2020 Mom and Postpartum Support International. Webinar training.

Core skills training in Emotionally Focused Couples Therapy (EFT), (2018, February- August). Los Angeles Center for Emotionally Focused Therapy (LACEFT). Pasadena, CA.

Child Parent Psychotherapy (CPP), (September 2016- December 2017). Children's Hospital Los Angeles, Los Angeles, CA.

Managing and Adapting Practice (MAP), (2015, November). Children’s Hospital Los Angeles, Los Angeles, CA.

Incredible Years (IY) Child Group Leader (2012, September). Children’s Hospital Los Angeles, Los Angeles, CA.

Trauma Focused Cognitive Behavioral Therapy (TF-CBT), (2012, August). Children’s Hospital Los Angeles, Los Angeles, CA.

Incredible Years (IY) Parent Group Leader (2012, July). Children’s Hospital Los Angeles, Los Angeles, CA.

Emotionally Focused Couples Therapy (EFT) Externship , (2010, May). International Center For Excellence in Emotionally Focused Therapy (ICEEFT). San Francisco, CA.

ADDITIONAL TRAINING/CERTIFICATIONS

- Strength Coach, National Council on Strength and Fitness (expected 2020, December)
- Crossfit kids (2020, May)
- Crossfit L-1 (2020, February)
- TRX instructor (2009, March)
- Pilates instructor (2001, July- May)

PROFESSIONAL AFFILIATIONS

- 02/2020- American Society for Reproductive Medicine
- 04/2016- Los Angeles Center for Emotionally Focused Therapy (LACEFT)
present
- 01/2014- International Center For Excellence in Emotionally Focused Therapy (ICEEFT)
present
- 09/2012 – American Psychological Association, Division 54, Pediatric Psychology
present
- 04/2011 – American Psychological Association, Division 38, Health Psychology
present
- 09/2011 – California Psychological Association (CPA)
present
- 01/2009 – American Psychological Association (APA)
present
- 09/2009 – American Psychological Association, Division 55, Trauma Psychology
present
- 09/2009 – American Psychological Association, Division 37, Child, Youth & Family Services
present
- 09/2009 – American Psychological Association, Division 43, Family Psychology
present